

**LIFEBOUND - GRADE 6 - EVALUATION**  
**Module: The Way**  
**Focus: Freedom and Choice**

NAME

CLASS

LESSON 37 – Free Choice?  
LESSON 38 – Right Choices  
LESSON 39 – Self –discipline and peer pressure  
LESSON 40 – Substance Abuse

**In the lessons above you learned about:**

- that you have the freedom to choose and the responsibility to use your freedom wisely.
- understand and evaluate the reasons behind the choices you make.
- understand the need for self-discipline and how to resist peer and media pressure.
- understand the harmfulness of substance abuse and how it affects our lives.

What I enjoyed the most about these lessons is: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What I learned about making my own decisions is \_\_\_\_\_

\_\_\_\_\_

What I should have in mind when I make my own choices is \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Call to mind a 'big' decision you made and write down what the decision was,

\_\_\_\_\_

\_\_\_\_\_

What value influenced my decision? \_\_\_\_\_

What were the consequences of my choice? \_\_\_\_\_

Did I feel comfortable making the choice? \_\_\_\_\_

What were the pro's and con's? \_\_\_\_\_

How did it affect me and the people around me? \_\_\_\_\_

Do I worry about what others will say about my choice? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What I understand by will power is

---

How I plan to develop my self-discipline

---

The areas that I need to work on my self-discipline are:

---

---

**Choice and consequence:** choose one of the following situations that the peer group has decided to:

- vandalise the call-box.
- break a street light with a stone.
- do the shopping for an old neighbour.
- set the school alarm as a joke.
- do a sponsored run for charity/ collect money for an old age home.

and write what are the consequences of the decisions. Would you follow the decision of the peer group or not? why?

---

---

---

---

---

---

What I learned about substance abuse is:

---

---

The word addiction means:

---

The addictions that are common among people today are

---

---

What I know about drugs is

---

---

The difference between habit and addiction is

---

---

---