

Thoughts and Feelings

LESSON	17 I Deserve to Be Safe and Happy			18 I Choose to Do What Is Right			19 I Am Loved and Treasured			20 I Give and Receive Happiness		
LEARNER'S NAME	K	S	V	K	S	V	K	S	V	K	S	V

NOTE: This is a sample table. You will need to make your own in your record book with enough rows for each learner in your class. (K= knowledge, S = skills, V = values)

Some items that may be assessed are given for each lesson:

LESSON 17

Knowledge: How to deal with uncomfortable situations

Skill: Articulating feelings

Values: Self-protection

LESSON 18

Knowledge: The idea of conscience

Skill: Decision-making

Values: Choosing what is right

LESSON 19

Knowledge: understanding that they are special

Skill:

Values: Self-appreciation

LESSON 20

Knowledge:

Skill: Memorising Scripture verses, teaching others

Values:

Key:
 ✓✓GOOD ✓AVERAGE *WEAK

You, the teacher will decide how to use the above instrument. It will not be possible to assess each learner's knowledge, skills and values in each lesson. You might decide, for instance, to focus in a particular lesson on skills, in another lesson on the knowledge, and on the values in yet another. Another useful strategy is to divide your class into assessment groups of say ten learners as a time. Each time you do an assessment of the above kind you choose a single group on a rotation basis.